



785 Pacific Road, Unit 15  
Oakville, ON L6L 6M3  
905-469-3399  
www.sunyoga.ca

## Energy Exchange Program Application Form

### Contact Information

Name	
Address	
City	
Postal Code	
Phone Number	
Email	
Birth date	

Reception Monday \_\_ Tuesday \_\_ Wed \_\_ Thurs \_\_ Fri \_\_ Sat \_\_ Sun \_\_

Cleaning Monday \_\_ Tuesday \_\_ Wed \_\_ Thurs \_\_ Fri \_\_ Sat \_\_ Sun \_\_

How long have you practiced yoga at our studio?


Why do you want to participate in Sun Yoga's Energy Exchange Program?


Do you have any medical or health issues we should be aware of?


What past or present school, work or personal experiences can you bring to the Volunteer Program?


Have you practiced yoga before?                       Yes                       No

Have you practiced hot yoga before?                       Yes                       No

Signature		Date	
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